



## **I am Old Enough for a Later Bedtime**

I really think I am old enough for a later bedtime now. Most nights, I get ready without anyone reminding me. I do my homework, help clean up, and still brush my teeth. But when I get in bed, I just lay there. I am not tired yet, and it feels like I am missing out. Everyone else is still awake, and I am just staring at the dark. I wouldn't use the time to play or go wild. I would just like a little more space to relax. Maybe read a bit longer or talk with my family. I have been trying to show I can handle more. A small change in bedtime would mean a lot. I think I have earned it.